

Comité Régional de Natation du Limousin

Qualifications au championnat de France de Nationale 3 (bassin de 25M ou 50M)

Grille de Qualification Dames Championnats de Nationale 3

Femmes	SR	JR	CR2	CR1	MR2	MR1
	Senior I	Junior I	Cadet 2	Cadet 1	Minime 2	Minime 1
50NL	30.96	31.63	31.80	31.99	32.53	33.29
100NL	1:06.78	1:08.22	1:08.61	1:08.99	1:10.17	1:11.82
200NL	2:23.76	2:26.89	2:27.71	2:28.53	2:31.08	2:34.62
400NL	5:02.19	5:07.11	5:10.57	5:12.32	5:15.89	5:25.17
800NL	10:21.98	10:32.11	10:39.22	10:42.83	10:50.21	11:09.29
1500NL	19:41.31	20:07.13	20:07.27	20:14.05	20:41.97	21:03.75
50DOS	35.68	36.44	36.65	36.86	37.49	38.37
100DOS	1:15.42	1:16.66	1:17.09	1:17.51	1:19.29	1:20.68
200DOS	2:40.19	2:43.81	2:44.73	2:45.65	2:49.47	2:52.43
50BRA	38.77	39.61	39.84	40.05	40.75	41.70
100BRA	1:24.21	1:25.58	1:26.05	1:26.54	1:28.53	1:30.09
200BRA	3:01.92	3:04.89	3:05.92	3:06.97	3:11.27	3:14.62
50PAP	33.01	33.73	33.92	34.11	34.70	35.51
100PAP	1:12.98	1:14.17	1:14.58	1:15.00	1:16.73	1:18.07
200PAP	2:40.04	2:42.66	2:43.57	2:44.49	2:48.26	2:51.22
2004N	2:43.86	2:46.52	2:47.46	2:48.39	2:52.26	2:55.28
4004N	5:45.88	5:51.52	5:53.49	5:55.47	6:03.64	6:12.20

Grille de Qualification Messieurs Championnats de Nationale 3

Hommes	SR	JR	CR2	CR1	MR2	MR1
	Senior	Junior	Cadet 2	Cadet 1	Minime 2	Minime 1
50NL	26.80	27.08	27.85	28.16	29.16	30.10
100NL	58.96	59.58	1:01.26	1:01.97	1:04.16	1:06.22
200NL	2:09.89	2:11.26	2:14.97	2:16.51	2:21.36	2:25.88
400NL	4:36.81	4:39.71	4:47.62	4:50.90	5:01.24	5:10.87
800NL	9:34.43	9:40.47	10:00.26	10:07.16	10:25.12	10:56.18
1500NL	18:15.63	18:27.15	18:58.43	19:11.45	19:52.32	20:30.46
50DOS	31.40	31.74	32.80	33.18	34.15	35.46
100DOS	1:06.69	1:07.40	1:09.29	1:10.09	1:12.58	1:14.89
200DOS	2:24.68	2:26.20	2:30.16	2:32.05	2:37.45	2:42.48
50BRA	33.84	34.19	35.35	35.75	36.80	38.20
100BRA	1:13.76	1:14.54	1:17.08	1:17.96	1:20.27	1:22.84
200BRA	2:39.03	2:40.70	2:46.18	2:48.09	2:53.07	2:58.60
50PAP	29.02	29.32	30.32	30.66	31.57	32.76
100PAP	1:04.11	1:04.79	1:07.00	1:07.76	1:09.77	1:12.00
200PAP	2:23.20	2:24.70	2:28.79	2:30.50	2:35.84	2:40.83
2004N	2:26.63	2:28.18	2:32.36	2:35.10	2:39.57	2:44.68
4004N	5:10.03	5:13.30	5:23.98	5:27.70	5:37.39	5:48.18